

初小 A JPA

4 月份餐單 April Lunch Menu



SUN	MON	TUE	WED	THU	FRI	SAT
	1 清明及復活節假期	2 清明及復活節假期	3 清明及復活節假期	4 清明及復活節假期	5 學校專業發展日	6 /
7 /	8 沙嗲豬柳炒時瓜 Stir-fried Pork Strip w/Melon & Satay	9 菠蘿甜酸素雞扒 Sweet & Sour Vegetarian Chicken w/Pineapple	10 玉豆洋蔥炒肉碎 Stir-fried Minced Pork w/Long Bean & Onion	11 素麻婆豆腐 Vegetarian Mapo Tofu	12 欖菜肉鬆炒翠玉瓜 Stir-fried Jade Melon w/Minced Pork & Preserved Black Olive	13 /
14 /	15 醬燒素雞扒茄子 Grilled Vegetarian Chicken & Eggplant Stew	16 俄國燴雞柳長通粉 Russian Penne Pasta w/Chicken Strip	17 西蘭花炒雞柳 Stir-fried Chicken Strip & Broccoli	18 冬菇鱈魚蒸雞粒 Steamed Chicken Dice w/Mushroom & Dried Octopus	19 低脂葡汁燴豬柳粒 長通粉 Penne Pasta w/Pork Dice - Portuguese Style	20 /
21 /	22 韭黃冬菇絲炆魚柳 Braised Fish Fillet w/Chives & Mushroom	23 黑椒豬柳絲飯 Fried Rice w/Stewed Shredded Pork Strip w/Black Pepper Sauce	24 意式茄蓉翠玉瓜燴雞柳 扁意粉 Linguine Spaghetti w/Chicken Strip, Zucchini & Tomato Sauce	25 南瓜蒸豆腐肉餅 Steamed Minced Pork w/Tofu & Pumpkin	26 小學教育營	27 /
28 /	29 低脂卡邦尼豬柳扁意粉 Linguine Spaghetti w/Stewed Pork Strip, Low F Carbonara Sauce	30 黑椒燴雞粒意粉 Spaghetti & Black Pepper Chicken Dice Stew	/	/	/	/