

初小 C JPC

4 月份餐單 April Lunch Menu



SUN	MON	TUE	WED	THU	FRI	SAT
	1 清明及復活節假期	2 清明及復活節假期	3 清明及復活節假期	4 清明及復活節假期	5 學校專業發展日	6 /
7 /	8 椰菜蛋雞肉炒麵 Fried Noodle w/Cabbage, Egg & Chicken	9 菠蘿甜酸素雞扒 Sweet & Sour Vegetarian Chicken w/Pineapple	10 西蘭花雞肉蛋飯 Rice w/Broccoli, Chicken & Egg	11 鮮茄肉醬意粉 Pasta w/Bolognese & Tomato	12 蒜香磨菇肉絲意粉 Fried Spaghetti w/Shredded Pork, Mushroom & Garlic	13 /
14 /	15 醬燒素雞扒茄子 Grilled Vegetarian Chicken & Eggplant Stew	16 俄國燴雞柳長通粉 Russian Penne Pasta w/Chicken Strip	17 西蘭花炒雞柳 Stir-fried Chicken Strip & Broccoli	18 夏威夷火腿燴肉絲意粉 Hawaii Shredded Pork Stewed w/Ham & Spaghetti	19 低脂葡汁燴豬柳粒長通粉 Penne Pasta w/Pork Dice - Portuguese Style	20 /
21 /	22 薑黃雞粒飯 Rice w/Chicken Dice & Turmeric	23 淡豉油皇燴雞粒 Chicken Dice Stewed w/Light Soy Sauce	24 意式茄蓉翠玉瓜燴雞柳 扁意粉 Linguine Spaghetti w/Chicken Strip, Zucchini & Tomato Sauce	25 日式雞柳炒烏冬配獅子 狗卷 Stir-fried Japanese Udon w/Shredded Chicken Strip & Fish Roll	26 小學教育營	27 /
28 /	29 低脂卡邦尼豬柳扁意粉 Linguine Spaghetti w/Stewed Pork Strip, Low F Carbonara Sauce	30 黑椒燴雞粒意粉 Spaghetti & Black Pepper Chicken Dice Stew	/	/	/	/