

4 月份餐單

April Lunch Menu



SUN	MON	TUE	WED	THU	FRI	SAT
	1 清明及復活節假期	2 清明及復活節假期	3 清明及復活節假期	4 清明及復活節假期	5 學校專業發展日	6 /
7 /	8 沙嗲豬柳炒時瓜 Stir-fried Pork Strip w/Melon & Satay	9 菠蘿甜酸素雞扒 Sweet & Sour Vegetarian Chicken w/Pineapple	10 洋蔥蘑菇牛肉粒 Stewed Beef Dice w/Onion & Mushroom	11 粟米魚柳 Deep Fried Fish Fillet w/Sweet Corn Sauce	12 蒜香磨菇肉絲意粉 Fried Spaghetti w/Shredded Pork, Mushroom & Garlic	13 /
14 /	15 醬燒素雞扒茄子 Grilled Vegetarian Chicken & Eggplant Stew	16 香茅豬扒 Vietnamese Lemongrass Fried Pork Chop	17 西蘭花炒雞柳 Stir-fried Chicken Strip & Broccoli	18 夏威夷火腿燴肉絲意粉 Hawaii Shredded Pork Stewed w/Ham & Spaghetti	19 西西里燴雞 Stewed Chicken - Sicilia Style	20 /
21 /	22 薑黃雞粒飯 Rice w/Chicken Dice & Turmeric	23 淡豉油皇燴雞粒 Chicken Dice Stewed w/Light Soy Sauce	24 金不換肉鬆炒豆角 Stir-fried Green Bean w/Thai Basil & Shredded Pork	25 柱侯蘿蔔甘筍牛肉粒 Stewed Beef Dice w/Turnip, Carrot & Bean Paste	26 小學教育營	27 /
28 /	29 低脂卡邦尼豬柳扁意粉 Linguine Spaghetti w/Stewed Pork Strip, Low F Carbonara Sauce	30 中式牛肉 Chinese Stir-fried Beef Strip	/	/	/	/