

# 4 月份餐單 April Lunch Menu



SUN	MON	TUE	WED	THU	FRI	SAT
	<b>1</b> 清明及復活節假期	<b>2</b> 清明及復活節假期	<b>3</b> 清明及復活節假期	<b>4</b> 清明及復活節假期	<b>5</b> 學校專業發展日	<b>6</b> /
<b>7</b> /	<b>8</b> 椰菜蛋雞肉炒麵 Fried Noodle w/Cabbage, Egg & Chicken	<b>9</b> 菠蘿甜酸素雞扒 Sweet & Sour Vegetarian Chicken w/Pineapple	<b>10</b> 洋蔥蘑菇牛肉粒 Stewed Beef Dice w/Onion & Mushroom	<b>11</b> 鮮茄肉醬意粉 Pasta w/Bolognese & Tomato	<b>12</b> 蒜香磨菇肉絲意粉 Fried Spaghetti w/Shredded Pork, Mushroom & Garlic	<b>13</b> /
<b>14</b> /	<b>15</b> 醬燒素雞扒茄子 Grilled Vegetarian Chicken & Eggplant Stew	<b>16</b> 俄國燴雞柳長通粉 Russian Penne Pasta w/Chicken Strip	<b>17</b> 冬瓜豆乾炆魚柳 B raised Fish Fillet w/Winter Melon & Dried Tofu	<b>18</b> 夏威夷火腿燴肉絲意粉 Hawaii Shredded Pork Stewed w/Ham & Spaghetti	<b>19</b> 日式金菇炆魚柳 Braised Fish Fillet w/Enoki Mushroom - Japanese Style	<b>20</b> /
<b>21</b> /	<b>22</b> 韭黃冬菇絲炆魚柳 Braised Fish Fillet w/Chives & Mushroom	<b>23</b> 南瓜雞蓉蒸蛋 Steamed Egg w/Minced Chicken & Pumpkin	<b>24</b> 青紅椒菠蘿燴魚柳 Fish Fillet Stewed w/Bell Pepper & Pineapple	<b>25</b> 南瓜蒸豆腐肉餅 Steamed Minced Pork w/Tofu & Pumpkin	<b>26</b> 小學教育營	<b>27</b> /
<b>28</b> /	<b>29</b> 低脂卡邦尼豬柳扁意粉 Linguine Spaghetti w/Stewed Pork Strip, Low F Carbonara Sauce	<b>30</b> 欖菜乾燒四季豆 Stir-fried Long Beans w/Preserved Black Olives	/	/	/	/