

高中 A/高中 B
SSA/SSB

4 月份餐單 April Lunch Menu



| SUN | MON | TUE | WED | THU | FRI | SAT |
|----------------|--|---|---|--|--|----------------|
| | 1 清明及復活節假期 | 2 清明及復活節假期 | 3 清明及復活節假期 | 4 清明及復活節假期 | 5 學校專業發展日 | 6 / |
| 7 / | 8 椰菜蛋雞肉炒麵 Fried Noodle w/Cabbage, Egg & Chicken | 9 菠蘿甜酸素雞扒 Sweet & Sour Vegetarian Chicken w/Pineapple | 10 西蘭花雞肉蛋飯 Rice w/Broccoli, Chicken & Egg | 11 鮮茄肉醬意粉 Pasta w/Bolognise & Tomato | 12 欖菜肉鬆炒翠玉瓜 Stir-fried Jade Melon w/Minced Pork & Preserved Black Olive | 13 / |
| 14 / | 15 瑞士汁洋蔥燴魚柳 Stewed Fish Fillet w/Onion - Swiss Sauce | 16 栗子炆麵筋 Braised Wheat Gluten & Chestnut | 17 西蘭花炒雞柳 Stir-fried Chicken Strip & Broccoli | 18 冬菇鱈魚蒸雞粒 Steamed Chicken Dice w/Mushroom & Dried Octopus | 19 西西里燴雞 Stewed Chicken - Sicilia Style | 20 |
| 21 | 22 韭黃冬菇絲炆魚柳 Braised Fish Fillet w/Chives & Mushroom | 23 淡豉油皇燴雞粒 Chicken Dice Stewed w/Light Soy Sauce | 24 蓮藕蒸豆腐餅 Steamed Lotus Root Cake | 25 日式雞柳炒烏冬配獅子 狗卷 Stir-fried Japanese Udon w/Shredded Chicken Strip & Fish Roll | 26 羅漢上素 Stewed Buddhist Vegetables | 27 / |
| 28 / | 29 南瓜蒸雞粒 Steamed Pumpkin & Chicken Dice | 30 中式牛肉 Chinese Stir-fried Beef Strip | / | / | / | / |