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## 1. Principal Message

### **Equip Yourself, Be the Leaders of Tomorrow...**

Dear members of the SGSS big family,

It's my great honor to be appointed as the new principal of Shau Kei Wan Government Secondary School, a long established and well-known school, in which we, students and teachers, learn together.

Our students are used to actively participating in their school lives and especially treasuring their studies. While other youngsters were still enjoying their summer holiday, our students had already started learning. Our students took part in the

extramural classes prepared by their teachers in preparation for the new academic year. During the lessons, they listened attentively and jotted notes diligently. Our students might stand for their difference of opinion and have vigorous discussion sometimes, but they would also give admiration and recognition to one another.

Our students always enjoy high reputation for their good learning attitude. However, in this rapidly changing world, our students must take action and be pro-active to create a brighter future.

Academic achievement is really critical, especially in this era of fierce competition. We seek every opportunity to learn so as to face up to the challenges of public examination. Moreover, although we are raised in Hong Kong, we may have an opportunity to work in different places all over the world. Thus, language proficiency and communication skills are vital and we should at least strive to



become biliterate and trilingual. Apart from knowledge, morality is also important. Just like a “good” doctor needs not only medical skills and expertise, but also medical ethics.



I believe that every student in our School is a leader of tomorrow. Being a leader, we need to have broad-mindedness and vision. We should not only develop ourselves, but also need to be caring towards others. As the principal, I am glad to see the harmony between students in different forms.

Our S1 Mentorship Scheme enhances peer support among students and provides guidance in their new school environment. I am happy to see that 36 trained student mentors from senior forms assist in this programme. Their devotion, patience & persistence are deeply appreciated.

No matter how rapidly the world is changing, the future is still in your hands. Dear students, let's get prepared to take up the baton!

Principal, YAN Kin-foon, Alice

## 2. Activity Highlights

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### (I) SGSS Australia Study Tour 2018

#### 3D Lee Yuen Chun & Lee Yung Kit

Last summer, 20 students and 2 English teachers set off for a 2-week study tour at the Hills International College in Brisbane, Australia. We had different kinds of learning activities both in and out of the campus, from classroom to nature, from canteen to kitchen, from playing golf to shopping. They were fascinating.



#### Australian History, Art and Culture

We had a lesson on Aborigines' history and culture. We learnt about different kinds of animals that the Aborigines hunt in the old days. They used different symbols to create paintings on walls which would not fade across time. We were given a chance to try Aboriginal paintings on boomerangs. What's more, a group of Aborigines came to teach us how to dance and play boomerangs like what the Aborigines did. It was great fun.



#### The Wildlife and Nature

We went to the Currumbin Wildlife Sanctuary, a huge park with different kinds of Australian animals including koalas, frogs, wombats and kangaroos. We understood more about the wildlife in Australia. Nature was part of our study in the Australian tour. On Day 9, we had an Australian Flora class on campus. We learnt by doing. We made a booklet about Australian plants with the information we got from a garden walk. It shows the names and origins of plants. We will never forget these learning trails, as we were really impressed by the scent of nature and the mode of learning.



### **Great food, fun and tours in the city**

In this study tour, we had lots of new experiences. We knew how to make a pizza and a famous Australian dessert, Lamington, which featured a fluffy sponge cake and was dipped in melted chocolate before being covered in desiccated coconut on all sides. On Day 7, we had a day of thrills in the Warner Bros Movie World at Gold Coast.



We had terrific time on the Superman Escape, Batwing Spaceshot, Arkham Asylum Coaster and Doomsday Destroyer! Most interesting of all, 12 of us had an exciting Bumper Cars experience at the Intencity Dodgems. We had lots of fun driving and bumping.

We also went to many other different places to explore the city. We visited the University of Queensland, the Surfers Paradise, the Brisbane City Centre, the Southbank and the Queen Street Mall. We knew more about the city life and had some time to buy souvenirs.

### **Learning as a journey**

On Day 13, while we were on our coach heading to the airport, we found it hard to say goodbye to this beautiful city. Thank you, Brisbane! Indeed, we would also like to thank the school and our parents for giving us plenty of opportunities to learn and broaden our horizons.



## (II) Major Concern II

A host of diversified programmes and competitions have been scheduled this year to promote the importance of positive attitude and life values to student. The theme is “Positive Thinking, Learning by Doing, Flourishing Life”.



Morning assembly talk

### The 1<sup>st</sup> Target is to nurture students’ positive values towards personal development.

We aim to strengthen values education by cultivating a positive, supportive and caring learning environment through a variety of programmes. For example, we have organized a range of activities, including an exchange programme – “An Exploration into the Technology and Culture in Beijing”, the Flag Raising Ceremony, “InnoTech Expo 2018”, The 8<sup>th</sup> Hong Kong Students National Knowledge Contest, and the Inter-class board design competition.



InnoTech Expo 2018

139 S1 students and 5 S4 helpers joined the S1 Adventure camp from 27 to the 29 September 2018. The aims of the S1 Adventure Camp were to provide training on self-discipline, interpersonal skills, team building and problem-solving strategies. It also enhances students’ personal development. It was a remarkable camp to enrich students’ experiences in working with others.



S1 Adventure Camp



Moreover, to develop positive values and attitudes towards life, students are having Life Education periods. The theme of this year is 「正向思維·知行合一·豐盛人生」. The theme is tailor-made for different forms. Students attended two lessons in October. They included a talk on sex education, ‘Charity Begins at Home Charter’, a talk on elective subjects selection for S3 students, and a JUPAS Talk. The students of each level revealed that they had benefitted from the Life Education Programmes and learnt how to deal with the difficulties they encounter in life.



Discussion on ‘Inter-class board design competition’ in Life Education periods



Oral Health Education Programme

An Oral Health Education Programme, which was organized by the University of Hong Kong, promoted the importance of oral health. As part of this programme, our S2 students had their dental examination conducted by the dentists from the university. The participants received a detailed individual report about their oral health situation so that they can take follow-up actions.



Health ambassadors are appointed to promote oral health message in school.

A very inspiring talk on sex education was held on 12 Oct 2018. A professional social worker from the Hong Kong Family Planning Association answered Students’ queries about sex that day.



A talk on sex education

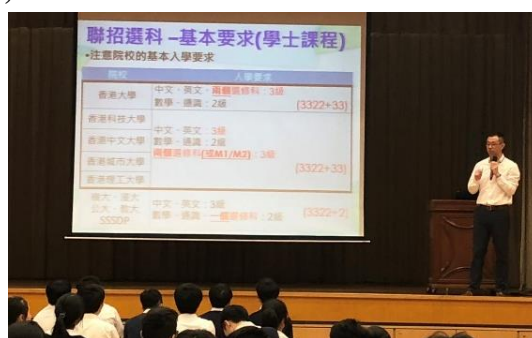
In order to promote the importance of positive attitude and anti-drug messages, an interesting class – Latte art course was held from 4 October 2018 to 22 November 2018 every Thursday and Friday for S3 students. They were all very interested in and enthusiastic about making Latte art. Their potential and creativity were explored through their works.



Latte art course

**We also aim to foster students’ career aspirations, planning and management skills in accordance with their personal abilities, interest and values.**

To get S6 students better prepared for the JUPAS application, the Life Planning Team organized the S6 Careers and Life Planning Day on 10 October 2018. 3 programmes were arranged. There was a talk by a guest speaker from Hok Yau Club on the strategies of programme choices and prioritization.



Talk on JUPAS Application by Hok Yau Club

The Alumni Experience Sharing Session is valuable for S6 students in setting goals and preparing for the HKDSE, selecting university programmes and preparing for admission interviews.



Alumni Experience Sharing

They also got an idea of what university life is like. S6 students also benefited from the Mock Release of the HKDSE Results held by the social workers from Hong Kong Sheng Kung Hui Welfare Council Limited. Through the simulation release of HKDSE results and mock interviews of different institutions, S6 students were better informed of the career paths available for life planning.

**The 2<sup>nd</sup> target is to facilitate students' sense of positivity in serving others. We aim to enhance students' capacity for serving the school and empower them with effective leadership.**

To equip students with leadership skills, the ECA Leadership Training Workshop was conducted on 18 October 2018.

42 Chairpersons, vice-chairpersons, House Captains and Leaders of the Clubs, Houses or Functional Teams took part in the training workshop to learn how to be good leaders. The workshop was well received.



ECA Leadership Training Workshop



Student Association

Students' Association Election was successfully held to cultivate students' spirit of serving the school. 'Oasis', who won this year's election, promises to serve students wholeheartedly and build a positive school environment.

**We also aim to provide opportunities for students to unleash their positivity through serving the community**

Programmes to serve the local community will be organized throughout the year to instill students' concern for others and social responsibility.

To enhance uniformed team members' physical fitness, team work and time management skills, 3 S1 and 2 S4 Girl Guides joined the 5-day and 15-day Hong Kong Military Training Camp respectively held at San Wai Barracks of the Chinese People's Liberation Army (PLA) Garrison in July. They underwent intensive training and got hands-on experience of a soldier's life. They learnt about perseverance and effective leadership.



Hong Kong Military Training Camp



Uniform team members were provided opportunities to serve in the Athletics Meets on 13 and 14 September 2018. They assisted teachers in running various events. Their active participation and assistance were warmly applauded.

To provide opportunities for students to serve the local community, a flag selling activity was organized on 13 October 2018. 16 S4 and S5 students took part in the activity actively to raise money for the Hong Kong Association for Cleft Lip and Palate.



Uniformed team members serve in the Athletics Meets



Flag selling

It is foreseeable that all the students will understand themselves more thoroughly and have a positive attitude and life values through these creative and inspiring programmes.

### **(III) 36-hours Phonics Class**

**By Wai Wai-ying, 1961 Alumnus,  
Education Consultant of Greenfield Educational**

In view of Principals' and Teachers' comments that S1 newcomers lack phonics skills crucial to learning, SGSS Alumni, with the support of Greenfield Educational Fund (GEF, NGO), voluntarily conducted a phonics crash course from 23-29 August 2018. The Course aims to familiarize students with the 18 vowel rules and spelling patterns, syllabication skills (breaking long words into smaller units of speech, which helps with reading and spelling) and IPA (International Phonetic Alphabet, which helps students



read phonetically irregular words and silent letters), as well as reviewing the consonants and consonant digraphs.

Simple surveys were carried out before and after the course to gauge its effectiveness.

In the pre-course survey, 70% of the students wrote down *a*, *e*, *i*, *o*, *u* as the



vowels they knew, while 68.91% claimed they knew syllabication and only one student said he had learned IPA.

In the post-course survey, 88.8% of the students said the Course was helpful

with vocalization and spelling. 70% were able to write down at least 10 of the 18 vowels. 47.29% students found syllabication most difficult, but once they knew the vowel patterns, they were able to syllabify multisyllabic words such as *nettle*, *caterpillar*, *independent*, *unputdownable*, *chrysanthemum*, *photosynthesis*, *Mediterranean*.

Students were also taught how to use <https://dictionary.cambridge.org/zht/.com> to syllabicate vocabulary list of their History textbook. Most students enjoyed exercises on decoding and transcribing words in IPA.

To consolidate their phonics knowledge, students are advised to apply the above skills in their daily studies.

Special thanks to the following voluntary tutors:

Shirley Chan (1961), Mary Li (1963), Anita Kwok (1967), Monica Ng (1967), Selina Fok (1967), Derek Chui, Heidi Lee, and Vincent Miao and Karson Leung of GEF.

#### (IV) International Global Education Workshop

**4D Wang Ki-ki**

The International Global Education Workshop held at the United College, The Chinese University of Hong Kong in July 2018 was unforgettable for me.



In the camp, I made a lot of friends from other schools. Since I was shy, I was afraid to talk to strangers. Luckily, students who joined this camp were very friendly. We shared something interesting in our school. I was so glad to meet them.

We joined different activities in the camp. I had my first yoga practice in the morning exercise

session. It was a really great experience for me. We did yoga on the lawn. I had never felt I was so close to nature.

We had an amazing talent show on the second night. Students from different schools had to perform in front of others. We performed a dance called “Sugar Baby” and sang “Let It Go” and our school song. Everyone enjoyed our show. After our performance, we danced and sang together. It was a wonderful night.

On the last day, we had many photos taken with others. Everyone missed each other and was not willing to leave the camp.

It was so great for me to meet the international delegates and other students. I learnt how to communicate with others better in English. I want to thank Mr Tam for taking care of us in these three days. Also, I would like to thank Service Civil International (SCI) Hong Kong for organising this activity for us.

### **(V) Go Wild (Junior and Senior Level)**

Liu Lap-san (2A), Yeung Kwai-lun (2A), Liu Kangni (2B), Kun Po-lam (4D) and Wu Bingling (4E) joined a summer programme called “Go Wild” (Junior and Senior Level) from July to August 2018. The programme consisted of a wide variety of activities, such as camping, hiking, canoeing and leadership training. It was a remarkable summer programme for them to enhance their personal growth.



## (VI) Toastmasters Youth Leadership Programme 2018

A group of S2-S5 passionate learners attended a series of workshops on improving the use of English in public speaking on Saturday mornings. With the support given by the toastmasters of the Dynamic Toastmasters Club, the school held 7 training workshops to develop students' self-confidence and enhance



their public speaking skills. The workshops mainly focused on vocal variety, body gestures, speech clarity and organization and evaluation skills. Each participant



received useful advice on how to improve both language and non-language skills. They made good use of the opportunities to learn and share their views with their teammates, teachers and guests. They all had a fruitful experience.

## (VII) 香港中華廠商聯合會「多元路向暑期培訓計劃 2018」

在三天的多元路向暑期培訓計劃中，同學先後到訪了科學園、生產力促進局、理工大學、懲教處和海關訓練學校。以下是同學們的分享：

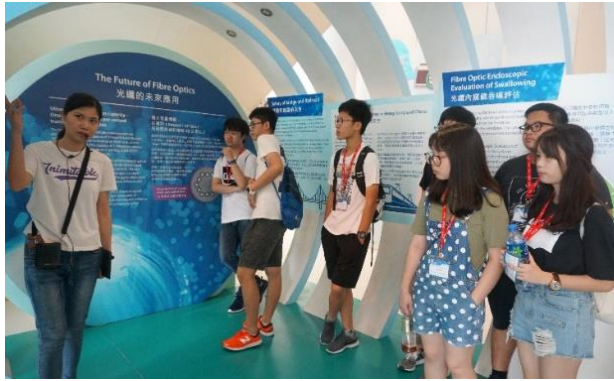
5D 李家強

我留下最深印象的是懲教署職員訓練院的參觀，負責帶領的懲教主任威風凜凜又具親和力，講解非常到位，大大加深了我對懲教職業及專業精神的認識。而在生產力促進局，我親身體驗到香港的創新科技，促進局亦為學生及初創企業提供支援，是一個實現夢想的好基地。三日的行程豐富、安排得宜，令我對將來的升學路途及職業發展的規劃都有很大幫助。



## 5D 吳鎧瑩、劉銘傑

三天的工作坊，令我有許多意想不到的收穫。第一天我們遊歷科學園，感受現今時代先進的科技，又能進一步增加對光纖之父——高錕的認識。接著又有體驗虛擬實境 VR 的環節，從體驗中，我才知道 VR 仍可在不同範疇發展及應用，不僅僅是一種娛樂。第二天我們體驗理工大學生活，寬闊的校園及快捷的交通，為理工大學添加了不少吸引力，我亦從中了解不少大學生活的小知識和升學「貼士」等，令我更憧憬未來的時光。第三天參觀了期待已久的海關及懲教署，警犬訓練令我大開眼界，亦為是次最深刻的活動。各位紀律部隊成員責任重大，他們風雨不改的精神令我為之仰慕。



## 5D 黃浩鏘



經過這幾天的參觀和考察，我發現年青人有很多多元化的出路。這旅程中令我印象最深刻是參觀香港生產力促進局，那裏的導賞員介紹未來的工業模式時提及很多工種會消失，因為機器和人工智能已取代他們了。機器和人工智能固然能提高工作效率和避免厭惡性工作長期欠缺人手，但無

疑這會令低學歷人士失業，這令我深深明白學歷的重要性，督促自己要讀好書，爭取擁有一個理想的學歷，未來才可在社會上站得住陣腳。在其後兩天我們還參觀了香港海關訓練中心和懲教訓練中心，這些是平常很難才能一探究竟的地方，着實令我大開眼界。我衷心多謝香港廠商會能給我們這一次機會，希望未來有更多類似的活動能讓我們參加。

#### 4D 鄧樂妍



在懲教處和海關訓練學院的參觀中，我了解到要成為他們的一份子的條件，更認識了他們日常訓練的設備，例如虛擬實境的訓練與課堂，讓一些新學員學習，更容易適應日後的工作。所以我在這次的計劃中真是獲益良多。

#### (VIII) 「我的祖國」京港澳學生交流營 (2018年7月19至26日)

#### 5D 漆琪

在這次交流中，能與京港澳三地的青年互相了解、交誼，還能對當代中國社會有更多的認識。不論是參觀、講座、或是在途中和三地學子互相探討，都打破我對北京、澳門同學的固有印象。感謝學校給予我機會在暑假參加這個難能可貴的交流團。



#### (IX) 2018 青少年軍事夏令營

#### 5A 李咏儀

在2018年7月中至下旬，為期15天的軍訓夏令營中，我學會了很多，也經歷了很多，有歡笑，也有哭泣的時候，更有想放棄的時候。這是一個與別不同的夏令營，它講求嚴明的紀律，我們必須聽指令。其實我很慶幸，自己終於鼓起了勇氣去參加這個活動，我學會什麼叫紀律和自律。我們曾到昂船州軍營，石崗軍營參



觀，看了很多不同的演練。這15天的訓練是真的辛苦，但是在休息的時間跟同班同學和我們的教官一起玩耍的時間也是很開心，就像我們教官說：「訓練要訓

練的認真，玩耍也要玩耍的認真。」在其中的一個活動徒步行軍中，我最能感受到什麼是團結，在走一些很陡的斜坡的時候，我們一起手拉手互相把對方拉上去，喊口號為大家打氣，那個場景真的是讓人很感動。我們從第一天的互不相識，到最後一天的捨不得離開。令我印象最深刻的，就是我們班副說的一句話「不爭輸贏，只爭對錯」。我也很認同他說的話，因為第一名只有一個，可是人卻有千千萬萬個，如果什麼事情都要爭一個輸贏，那得掙到什麼時候，只能為自己添加不必要的煩惱，只要自己有盡全力去做了，做對了就可以了，也不需要過多介意別人的眼光，只要做自己就好了。最後我想感謝讓我有機會去參加這個活動的校長和老師，還有在軍營內照顧我們的人，以及更多在背後為我默默付出的人：謝謝你們。

## 5A 余雪儀

十五天的軍事夏令營轉眼之間就過去了，一想起就覺得不可思議。明明一開始是那麼渴望快些完結，但真到了完結的時候反而覺得捨不得。

在營中的生活沒有想像中那麼辛苦，但也絕對不簡單。每天5點多就要起床，然後就要準備迎接一天的訓練。每天都有列隊和岳家拳的訓練。那幾天天氣算不上好，不是艷陽高照就是滂沱大雨。汗水、雨水流進眼睛了，刺得眼睛生痛，但不能擦，只能多眨眼舒緩一下眼部不適。喉嚨幹了，很難受，但不能喝水，那時才體會到水的珍貴。腳站麻了，站累了，只能繼續忍。甚至還有人腳生了水泡。很多人都叫苦，但是慶幸的是我們都堅持下來了，沒有一個人因為訓練太辛苦而放棄。

有苦自然也有樂。每天的休息時間就是我們一天之中最輕鬆的時光了。我們唱軍歌、在班中、排中表演，自己表演還不夠，還要起哄拉着班長、班副、督導員一起。一起訓練、一起笑、一起瘋。從中結識了一群志同道合的朋友。

在軍營中當然也少不了學習的環節。我們在這十五天了解到不少國家在近年來的成就、中國人民解放軍的知識、學習到如何使用手語通信，生活十分充實。



在軍營中最難忘的就是在昂船洲軍營的《大美中國》文藝演出。精彩的表演令人目不暇給。而之後的乘坐護衛艦出海勘察也給我留下了深刻的印象，我們像瘋子一樣對著船上的人揮手、大笑，展現出不一樣的自己。

軍訓結束了，但軍訓中的收穫卻不會隨之煙消雲散，那是我們永遠值得回味和追憶的日子。

## (X) 「大灣區的發展與香港」講座

個人、社會及人文教育學習領域及通識教育科於 9 月 28 日全方位學習時段舉辦了以「大灣區的發展與香港」為題的講座，演講嘉賓為李浩然博士。李博士為 2017 香港十大傑出青年、清華大學法學博士、《基本法》學者、現為香港特區政府基本法推廣督導委員會委員、教育局課程發展個人、社會及人文教育委員會委員。



大灣區的發展與香港 - 李浩然博士

李博士分別從四個範疇分析大灣區的發展與香港的關連：(1) 大灣區的特色；(2) 大灣區發展在國家深化改革的功能；(3) 香港在大灣區發展的角色及(4) 粵港澳大灣區與其他大大灣區的比較。是次講座令同學了解香港的制度經驗是國家開放的重要參考，在深化國家的改革開放上發揮了重要的功能及作用。

## 3. STEM

### (I) 校園環保小農夫

本校參與由國際獅子總會中國港澳 303 區開展的水耕菜種植獎勵計劃，藉水耕讓學生記錄植物成長過程，推廣 STEM（科學、技術、工程及數學）教學。學生可通過照料水耕菜了解蔬菜種植過程，學懂珍惜食物。



教育局高級課程發展主任  
林威廉博士頒發感謝狀



水耕機

於十一月十日，本校二十多名師生參與「校園環保小農夫」水耕菜種植獎勵計劃的啟動禮和工作坊。同學對水耕原理感到好奇，「為何只用水、沒有泥土也

能種出菜呢？」他們笑言知道原理後就可以在家中種菜，自給自足。在該計劃下，本校獲借一部由華南農業大學研發的水耕機。初期會種植較容易培植的西生菜，中後期會嘗試種植菜心和小白菜等。稍後亦會透過社交媒禮，讓學生反思和記錄種植過程。該計劃設有學校參與獎、量度耕作物總重量的收成獎、最有趣照片等獎項以鼓勵學生。



## (II) 模型氣墊船創作大賽

科技學會會員在 7 月參加了由藝術與科技教育中心及 STEM 教育中心合辦的模型氣墊船創作大賽，該比賽提供平台讓參加者以團隊的方式，參加氣墊船操控和航行速度比賽。

同學們綜合應用 STEM 知識和技能，處理不同的材料和零件，創製一艘符合比賽要求的模型船，



從中培養學生的解難能力和團隊合作精神。在彎道比賽中，考驗的不



只是氣墊船的性能，更多的是同學在現場的臨場發揮控制技術，大馬力的氣墊船在轉彎的過程中容易翻側，對技術有很高要求。而直線競賽考驗的則是同學們的手工，氣墊船的不平衡會導致走直線有偏差。在這次的比賽中，本校在直線賽中勇奪季軍，而繞圈賽亦奪得優異獎，對第一次參賽的同學來說得來不易。

得獎同學如下：

直線賽季軍	5B 鄭君樂	5D 莊浚宇	5D 劉銘傑
繞圈賽優異獎	6D 黃浩然	5D 陳力揚	5D 劉浩文

## (III) 創科博覽 2018

40 位中三至中五同學於 2018 年 9 月 28 日下午參加由資優教育組、STEM 教育組、數學學會和德育及公民教育組舉辦的創科博覽 2018 的參觀活動，讓同學認識國家最新創科發展，以及啟發同學對創科的興趣。



#### (IV) 「STEM 教育中心」3D 打印工作坊



為推廣學校 STEM 活動，17 位數學學會及 STEM 教育組的幹事們於 2018 年 8 月 30 日星期四於 STEM 教育中心內參觀创客空間先進的設備和工具，並由中心內的黎耀強老師講解設備的運作，再由黎老師教授他們用免費電腦輔助設計軟件 - ThinkerCad 去設計 3D 產品。同學們設計屬於自己的筆幹，再加入筆芯可以使用。他們覺得是次活動使他們眼界大開，獲益良多。

#### 4. 校外比賽

##### (I) HKSAR Outstanding Students

Over 50 students achieved very remarkable results in a number of outstanding student awards and outstanding leadership awards.

6D Fan Xiuyu and 6B(2017-2018) Foo Tak Hei were selected as outstanding students in the 31<sup>st</sup> HKSAR Outstanding Students Selection organized by Junior Chamber International



Yuen

Long. They were awarded for their outstanding achievement in academic performance, extra-curricular activities, community services, leadership and self-awareness.



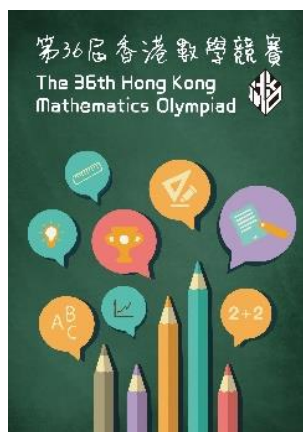
##### (II) Statistics Creative Writing Competitions

6D CHAN Ngo Kiu Baycle won the Distinguished Prize in the 2017/18 Statistics Creative Writing Competition for Secondary School Students. The writing title is “To Trust, or Not to Trust – Gini Coefficient”. The winning article will be published in 數學百子櫃系列(二十四)- Mathematics Education Section, Education Bureau.



### (III) 36th Hong Kong Mathematics Olympiad

6D Chan Tsz Ching won Champion and 6D Ting Yuet won the Best Ten designs in the Poster Design Competition for the 36th Hong Kong Mathematics Olympiad organized by EDB.



### (IV) 「卓越今天，成就將來—青少年領袖計劃 2018」

「卓越今天，成就將來—青少年領袖計劃 2018」頒獎禮已於2018年10月13日星期六下午在九龍塘教育服務中心舉行，主禮嘉賓為徐立之教授。此獎勵計劃由馮漢柱教育信託基金及萬均教育基金合辦，以支持本地教育，鼓勵卓越同學，不斷求進，擴闊眼界及胸襟，為本地社會培育優秀人才。6D 范綉瑜同學經過兩輪面試和訓練營後，獲得傑出學生獎和獎學金\$5000。



## (V) 體育比賽

本校體育項目表現出眾，學生在多個體育範疇都獲得獎項。其中男子籃球及女子排球表現突出，在 2017/18 年香港學界體育比賽中，女子排球乙組獲得第一組別亞軍，男子排球獲得第一組別全場總亞軍，男子籃球隊獲得港島第二組總亞軍，籃球隊升上第一組別。另外，本校有三位同學於暑假期間入選香港青年排球代表隊，出戰海外比賽，為港爭光！



第 12 屆亞洲男子排球比賽(U18) (後排右 3)  
5C 黃梓灝



第 20 屆亞洲男子排球比賽(後排左 2)  
6E 李彥進



男子籃球隊：港島第二組總亞軍



2018 全國女子排球比賽(U16) (後排左 2)  
4C 樊家彤

## (VI) 「2018 香港青年音樂匯演」中樂團比賽



2018 年 11 月，本校中樂團參加音樂事務處舉辦的「2018 香港青年音樂匯演」中樂團中學 A 組比賽，獲得銅獎，參賽樂曲為陳能濟作曲的《三寸金蓮》。

## 5. 其他學習經歷

### (I) 增潤活動

其他學習經歷統籌組於 2017/18 學年下學期試後活動日舉辦多項活動，讓同學有機會接觸更多課外知識，擴闊視野，藉此建立正確、積極的生活態度及價值觀。



#### 1. 6月29日

(1)東華三院健康理財家庭輔導中心於當天為本校中二及中三級同學舉辦一個名為「理財你人生」教育及生涯規劃講座，透過互動遊戲、真實個案、短片、知識問題及短講等輕鬆的形式，培養正確的理財態度，建立健康的理財習慣，以及讓同學們明白個人性格、夢想與職業志趣的關連，及早為未來準備。



(2)本校一向支持環保活動，為讓同學認識更多有關知識，本組邀請參加仁愛堂海上絲路探索之旅的「考察大使」來分享印尼蘇拉維西島考察之旅的珍貴經歷，讓同學認識海洋生態，並思考經濟發展對環境帶來的影響，了解兩者之間的發展須取得平衡。



#### 2. 7月3日

(1)「競爭法與我工作坊」：競爭事務委員會來臨本校為高中同學舉行一個工作坊，加深同學對《競爭條例》的認識，明白競爭的重要性，將來可以一起維護公平競爭這個理念。



(2)另外，本校亦邀請香港中文大學商學院的高級講師李兆波先生分享投資股票的知識，李先生的講解深入淺出，讓同學對股票買賣有初步認識，了解當中所涉及的風險以及個人風險管理的重要性。

## 6. 德育及公民教育組

### (I) 早會分享—「飛躍騰龍·古今薈萃」

#### 北京科技文化探究考察及交流之旅

中六級葉瀚洋、陳子菁、范綉瑜、陸穎姿及楊季霖五位同學分享本校中國歷史科、世史科與德育及公民教育組於2018年3月舉辦「飛躍騰龍·古今薈萃」北京科技文化探究考察及交流五天之旅點滴。此行40名中四、中五級同學親臨國家首都，與北京市順義區第三中學進行學習交流及考察活動，亦見證當地歷史文化古蹟的承傳，體驗尖端科技的高速發展。同學們能藉此學習考察旅程體察北京順義三中當地同學的校園生活、與時俱進的創新科技、五星紅旗隨風飄揚下的首都北京之歷史文化古蹟和大城小事，實踐全方位學習的精神，獲益匪淺。本校已成功邀請北京市順義區第三中學師生於明年五月回訪本校作進一步深入瞭解本校的辦學理念和方式。



5位中六級同學於早會向全校分享心聲

### (II) 升旗禮

本校於10月2日舉行本學年第一次升旗典禮，並由行政長官卓越教學獎教師協會主席梁偉傑先生擔任旗下講話嘉賓。除全體師生外，另有多位學生家長一同參與這次莊嚴的升旗儀式。梁先生當天於百忙中撥冗蒞臨本校，並藉著這次機會，與同學分享中國近年的高速發展。梁先生更鼓勵同學走出課室，多到內地作交流，增加對祖國的認識，令同學獲益良多，終身受用。



行政長官卓越教學獎教師協會主席梁偉傑先生擔任旗下講話嘉賓



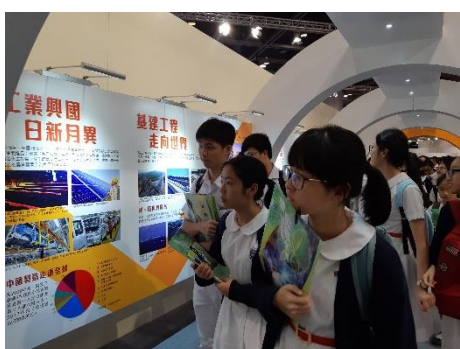
家長踴躍出席升旗禮



殷見歡校長代表本校向梁偉傑先生致送紀念旗

### (III) 「創科博覽 2018」探究活動

本組與資優教育組等組別於 9 月 28 日帶領同學參加由團結香港基金主辦的「創科博覽 2018」探究活動。適逢今年是國家推行改革開放政策四十周年，今年「創科博覽 2018」主題定為「驅動創新·繼往開來」，透過「工」、「農」、「醫」三大主題，將國家古代偉大發明與今天創科成就連結起來，讓同學認識國家最新創科發展，以及啟發年青人對創科的興趣，亦希望藉此帶出歷史傳承、再接再厲、勇攀高峰之意。為配合國家改革開放四十年，展覽活動特設主題紀念館，重點介紹國家四十年來的飛躍成就，肯定香港對國家進步作出的貢獻。各同學參加「虛擬教室科普講座」後，再分組輪流參觀不同展區，從而認識到國家的最新發展和成就。



同學參觀「創科博覽 2018」展覽館  
探究國家改革開放之發展



同學參加「創科博覽 2018」探究活動，  
探究中國歷代度量衡單位

### (IV) 第八屆全港學生中國國情知識大賽

中四及中五級洪銘財、關健文、關浚鋒及張子健 4 位同學參加由教育局、香港大公文匯傳媒集團及未來之星同學會舉辦之「第八屆全港學生中國國情知識大賽」，比賽題目包括中國國情及基本法。本屆大賽逾千條比賽題目由香港和內地知名專



家、學者等組成的評審委員會審定，範圍涵括中國歷史、地理、文化、藝術和時事等，包羅萬有。在參加比賽的過程中，可提升學生對中國國情、歷史、文化及社會科學等方面的知識水平，培養學生常閱讀、多思考的良好學習習慣。

## (V) 生命教育課

本學年循環周 B5 當天第 7、8 節為「生命教育」課節，時間為 80 分鐘。此課節目的是提升學生正面的價值觀和積極的健康生活模式，本年度主題為「正向思維·知行合一·豐盛人生」。



家計會「性教育講座」

10 月 12 日舉行第一課節。各級主題如下：

中一、中四及中五級：家計會「性教育講座：論盡性好奇」

中二級：訂立「正向思維·知行合一·豐盛人生」約章

中三級：「正向思維·知行合一·豐盛人生」班際壁報設計比賽，各班構思商議課節

中六級：大學聯招支援活動



訂立「正向思維·知行合一·豐盛人生」約章

10 月 26 日舉行第二課節。各級主題如下：

中一、中二、中四及中五級：「正向思維·知行合一·豐盛人生」班際壁報設計比賽，各班構思商議課節

中三級：中三選科支援活動

中六級：大學聯招支援活動



班際壁報設計比賽構思商議課節

## 7. 社會服務組

### 5B 唐穎妍

於 10 月 13 日的早上，作為香港免唇裂顎協會義工的我在筲箕灣賣旗。協會的標語是「愛能改變生命」，還記得當天路上有不少帶著小孩的家長，他們正趕回學校上興趣班，也願意停下來幫我買一支旗。雖然在過程中看到了不少途人的冷眼對待；但令我最深刻的是，有一個坐在輪椅上行動不便的婆婆，沒想到她





竟吩咐自己的家傭停下來，伸出手幫我買了一支旗，這看似微不足道，但卻成為了我在街上站了數小時的動力。我相信時下社會仍然有「愛」的存在，只不過是我們不懂得，或是不敢向不熟悉的人表達出來罷了。與其猶豫，倒不如付諸實行，用愛、生命去改變生命。

## 5B 楊嘉怡

在今次的義工賣旗活動中，我感受到香港人其實是有愛心的。表面上，我以為香港人是自私和吝嗇的，但經過了那天之後，我明白到我的想法是錯的。其實有許多人會主動來捐錢，有的人不是不願意捐，只是不主動，但他們的心也是熱心助人。我認為這個活動十分有意義，希望會有更多同學參與，幫助社會上有需要的人。

## 5D 黃美琪

我在賣旗中明白其實每個香港市民都有一份善心，他們都十分願意去幫助別人，會做一個樂善好施、可以貢獻社會的市民。雖然我也有賣旗的經驗，但代表學校幫忙其他協會籌款就是第一次，令我知道有很多非牟利機構在資金上都是十分短缺，需要社會大眾的協助。而我也感受到市民對行善的熱心、慷慨解囊。

## 8. 環保教育組



本組希望透過是次工作坊，讓同學認識塑膠的種類，了解塑膠對環境的傷害，以提高同學環保的意識。此外，透過拜訪城泉社會企業，讓同學認識智能添水站—Well 井，以減少使用即棄塑膠水樽，將環保理念實踐於生活之中。

環保教育組於2018年9月28日下午，外出參加由「籽識教育」舉辦的「絕膠走塑—校園環保計劃」的「絕膠工作坊」和拜訪「城泉社會企業」。



## 9. 學生會選舉及就職典禮

新學年的開始，亦象徵著學生會的更替。本年度的學生會選舉及就職典禮分別於9月5日及9月21日順利舉行。今年的學生會選舉競爭激烈，共有兩個候選內閣競逐，包括一號候選內閣「Strive」和二號候選內閣「Oasis」。他們都透過社交網站專頁及派發宣傳品等途徑宣傳政綱和解答同學的疑問，讓同學們了解候選內閣的抱負及來年的工作計劃。經過密鑼緊鼓的宣傳活動後，全校同學於9月5日下午齊集禮堂，參與由學生會競選委員會舉辦的周年答問大會。



大會除了讓候選內閣互相質詢外，還給予同學機會向台上的候選內閣發問，盡顯他們對是次選舉的投入。答問大會過後隨即

進行投票，是次投票是仿效香港社會現時所採用的安排，旨在培養同學的公民意識和教導他們如何正確的履行公民責任。經過點票後，最終由二號候選內閣「Oasis」勝出。「Oasis」隨後在就職典禮上向全體師生承諾會盡心為同學服務，並承諾為他們帶來一個理想校園。

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## 10. 學會活動

### (I) Geography Club

To better prepare our students for the HKDSE Geography examination and offer them a chance to apply textbook knowledge in their real life, 33 S6 Geography students participated in a field camp organized by the Caritas Chan Chun Ha Field Studies Centre in Cheung Chau from 22 to 23 October 2018. Students learnt fieldwork skills and proper ways of using different fieldwork equipment. Through conducting their own fieldwork in groups,



they investigated the coastal environment and the sustainability of Cheung Chau, they collect and analyze first-hand data and present the findings to their peers. Students found this learning opportunity very rewarding.



## (II)女童軍

2B 劉康妮

2018年7月15日至7月19日期間，我參加了為期五天的香港青少年軍事夏令營體驗班的訓練。地點是粉嶺的新圍軍營，裡面的教官全部都是中國人民解放軍駐香港部隊。一開始，我以為軍營裡的教官都是很嚴厲，要求很高和不苟言笑的。但到了軍營以後，我發現原來他們與我想像的不太一樣。雖然他們的確是要求很高，但同時也很溫柔，風趣幽默，從不大聲斥責我們，平日在生活上也很照顧我們。



還記得第一天到軍營的時候，我被編配到和班長同房。那個時候我很緊張，也有點害怕，因為班長就是一名解放軍。但是後來，經過了幾天的相處和了解，我發現原來班長是一個很細心，很有耐心，也很開朗的大姐姐。她每天早上都會到我的床前，輕輕地呼喚我的名字，叫我起床，我賴床的壞習慣，就是她幫我改掉的。第一天到軍營的時候，我們就把手機上繳了。在軍訓之前，我從來沒有想像過沒有手機的生活是怎麼樣的。以前的我，十分沉迷於手機遊戲，每天都要玩好幾個小時。但是軍訓的這些日子裡，我學會了多關心身邊的人，他們比手機重要得多了。現在，我雖然離開了軍營，沒有了對使用手機的限制，但我也會時刻提醒自己，不要再做低頭族，多抬起頭來觀察身邊的人和事。

總而言之，這次的夏令營是一個非常好的訓練，讓我獲益良多。

在這五天軍事夏令營中，我結識了不少新的朋友。我們大家在烈日下苦練步操，每天早起晚睡。儘管大家都很辛苦，汗流滿臉，卻沒有人敢鬆懈下來，而是堅持做好每一步。我真的很欣賞大家那種堅毅的精神。

而在這次的軍訓中，我也認識到了一位軍人姐姐。她是我們的班長。她是一個很嚴肅的人，當我們步操操得不整齊時，他就會加以訓斥。不過她也有溫柔可愛的一面，她在休息時間也會和我們說說話，並每時每刻關心我們的身體狀況。

五天的軍訓給我的人生留下了難忘的一頁，也讓我獲益良多。軍訓讓我們懂得團結互助，也培養了我們刻苦耐勞的精神，並且磨練了我們的意志。

而在接下來的生活中，我也會認真做好每一件事情，並以良好的態度去迎接未來的挑戰。

### (III) 辯論學會

中文辯論隊於暑假期間參加由聯校經濟學會舉辦的「第十四屆聯校經濟辯論比賽」，當中與香港華仁書院角逐季軍名銜，最後本校辯論隊以3:2成績勝出是次比賽，勇奪季軍。



參加比賽的辯員名單如下：

4B 洪銘財    4B 吳晉祺    4B 吳榮燊  
5B 陳紫情    5B 陳鈺珊



在新學年開始，中文辯論隊先後與天主教崇德英文書院、陳瑞祺（喇沙）書院及慈幼英文學校舉辦友誼賽，共同切磋辯技，

讓隊員在各大型辯論比賽開始前有熱身的機會，以迎戰本年度的各項比賽。此外，本會於九月下旬開始籌備中一、中二班際辯論



比賽，首輪初賽已在十月中旬順利完成。本會希望透過班際辯論比賽，讓低年級同學能有機會體驗辯論的模式，加深對辯論的了解，以培養同學於邏輯思維及組織等各方面的能力。



本校辯論隊經已於十月中舉辦面試，進行新學年辯員招募事宜，期望新隊員於本年度可為筭辯寫下輝煌一章。最後，冀盼筭辯可以在本年度各項比賽中大放異采。筭辯究竟是什麼？它除了是一支辯論隊外，也是一個大家庭。歡迎各位同學的加入。